



## What is a mountain swoop?

Mountain Swooping is a high-performance form of technical flying. **The parachute is intentionally flown close to mountainous terrain and landmarks**, maximizing the thrill by 'swooping' along ridgelines and mountain faces. This creates a visually dramatic and adrenaline-pumping experience. This is very similar to paragliding, except that the flight speed and descent rate are higher – think of it as paragliding's adrenaline-fuelled cousin. The highlight of this type of skydiving comes not from the freefall but from the parachute flight as you pass over breathtaking scenery close to the terrain.

Experience a world-first and only tandem mountain swoop anywhere in the world, right here with Skydive Interlaken. Experience a high-altitude 'HAHO' skydive above the summit of the Eiger at 5,000m, and an extended parachute flight along the Eiger's East Ridge. The knife-edge East Ridge of the Eiger and its formidable North Face are legendary amongst the climbing and mountaineering community.

## Your Experience

### 1. Arrival & Check-in

- Fill out paperwork
- Receive safety briefing & gear (jumpsuit, harness, goggles)

### 2. Heli Transfer

- 5-minute drive to Gsteigwiler heliport

### 3. Scenic Flight

- 15-minute helicopter flight to Grindelwald
- Ascend to 5,000m, hover over the Eiger summit

### 4. The Jump

- 5–7 seconds freefall over the Eiger
- 15-minute parachute swoop along the Mittellegi ridge
- Land in Grindelwald village

### 5. Media

- Receive your video/photos ~30 minutes after return



## Booking & Registration

Book at least 48 hours in advance at [skydiveinterlaken.ch](https://skydiveinterlaken.ch)

Deposit: CHF 300.- at time of booking. Pay the rest on-site (cash or card)

Do you have a voucher? Email us to reserve your slot: [info@skydiveinterlaken.ch](mailto:info@skydiveinterlaken.ch). Please include your voucher code (XXXX-XXXX-XXXX) preferred date & time and contact information including a phone number.

## Weather & Changes

Alpine weather is unpredictable, and forecasts are not always accurate. We will contact you the day before your jump if we have any doubts about the weather.

No news = good news! If you don't hear from us, we'll meet as agreed.

Postponements may occur on-site for safety. We appreciate your understanding.

If you have any questions or concerns, you can always reach out by phone, WhatsApp or email.

## What to bring

Comfortable, weather-appropriate clothing

Closed flat shoes (e.g., sneakers)

Gloves recommended in winter

Spectators are welcome (please notify us in advance)

## Availability

Daily, year-round (weather permitting)

Best months: Winter

1 flight per day (1–2 people max)

## Schedule & Duration

Meeting time = arrival time. Please meet us at the time on your ticket (at our office or your chosen pickup location).

Free pickups available from selected Interlaken hotels and train stations.

Plan 2 – 3 hours for the whole experience.

Free return transport to pickup point (grouped)

## Photos & videos

Includes an Ultimate Combo photo & video package, shot with a 360° camera:

- Photo package
- Raw video material of entire experience
- Edited 5-6 minutes video (with music and slow motion)
- Edited 1-2 minute 'best of' highlights video

## Requirements

Men:

- Max weight: 100 kg / 220 lbs
- Max BMI: 30.0

Women:

- Max weight: 90 kg / 198 lbs
- Max BMI: 27.5

Other:

- Max height: 195 cm / 6'3"
- Under 18: Parental consent required
- Minimum age: 12 (must decide independently & fit harness)

## On-site amenities

Free Wi-Fi & computer access

Free parking

Snacks, coffee, tea, beer

Chill area, kids' toys

Souvenirs: T-shirts, hoodies, etc.

Toilets & lockers